



Al-Anon Family Groups/Семейные группы Ал-Анон

Al-Anon is a mutual support group. Everyone at the meeting shares as an equal. No one is in a position to give advice or direction to anyone else. Everyone at the meeting has experienced a problem with someone else's drinking. You are free to ask questions or to talk about your situation at your first meeting. If you'd rather just listen, you can say "I pass," or explain that you'd just like to listen.

Al-Anon is not a religious program. Your religious beliefs—or lack of them—are not a subject for discussion at Al-Anon meetings, which focus solely on coping with the effects of someone's drinking.

Al-Anon Meetings Rostov-on-don/Расписание собраний групп Ал-Анона г. Ростова-на-Дону

Group/Группа	Address/Адрес	Day, time/День, время
«Dilemma of the Alcoholic Marriage»/ «Дилемма брака с алкоголиком»	St. 10 Line, 77/ул. 10 Линия, 77	Thursday 18:30/Четверг 18:30
«Sunday»/ «Воскресенье»	Temernitskaya str., 78/ ул. Темерницкая, 78	Sunday 10:30/Воскресенье 10:30

Contact Us/Контакты

Email: info@alanon-61region.ru

Telephone: +7 928 116 38 47